



BASIC FIRST AID FOR EYE INJURIES

Proper first aid for eye injuries is critical! The method of first aid needed depends on the type of injury sustained.

SPECKS OR PARTICLES

- Let natural tears wash specks or particles out of the eye
- If possible, try not to rub eyes
- If specks or particles don't wash out, see a physician

BLOWS TO THE EYE

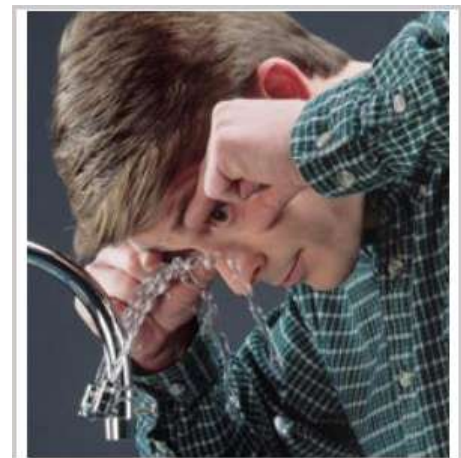
- Apply cold compresses for 15 minutes and again each hour as needed to reduce pain and swelling
- If the blow was hard enough to cause discoloration, see a physician as internal damage could have occurred

CUTS AND PUNCTURES TO THE EYE

- **DO NOT** do anything to the eye
- Bandage it tightly
- See a physician at once

CHEMICAL BURNS

- Can be minor to very serious
- Fresh water should be available for irrigating eyes anywhere chemicals are used
- If the eye comes in contact with any chemical, it should be continuously flooded with water for at least 15 minutes
- **DO NOT** put anything else in the eye
- See a physician and take the label of the chemical involved



For more information, contact:

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OR

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