

# Huh? What Did You Say?

## Preventing Noise-Induced Hearing Loss on the Farm

### Hearing Protection



Formable earplugs

Hearing loss is preventable! The best hearing protection is the kind you'll use regularly. Some things in life you don't want to hear, but others you don't want to miss. Your hearing doesn't come back. Once it's gone, it's gone.



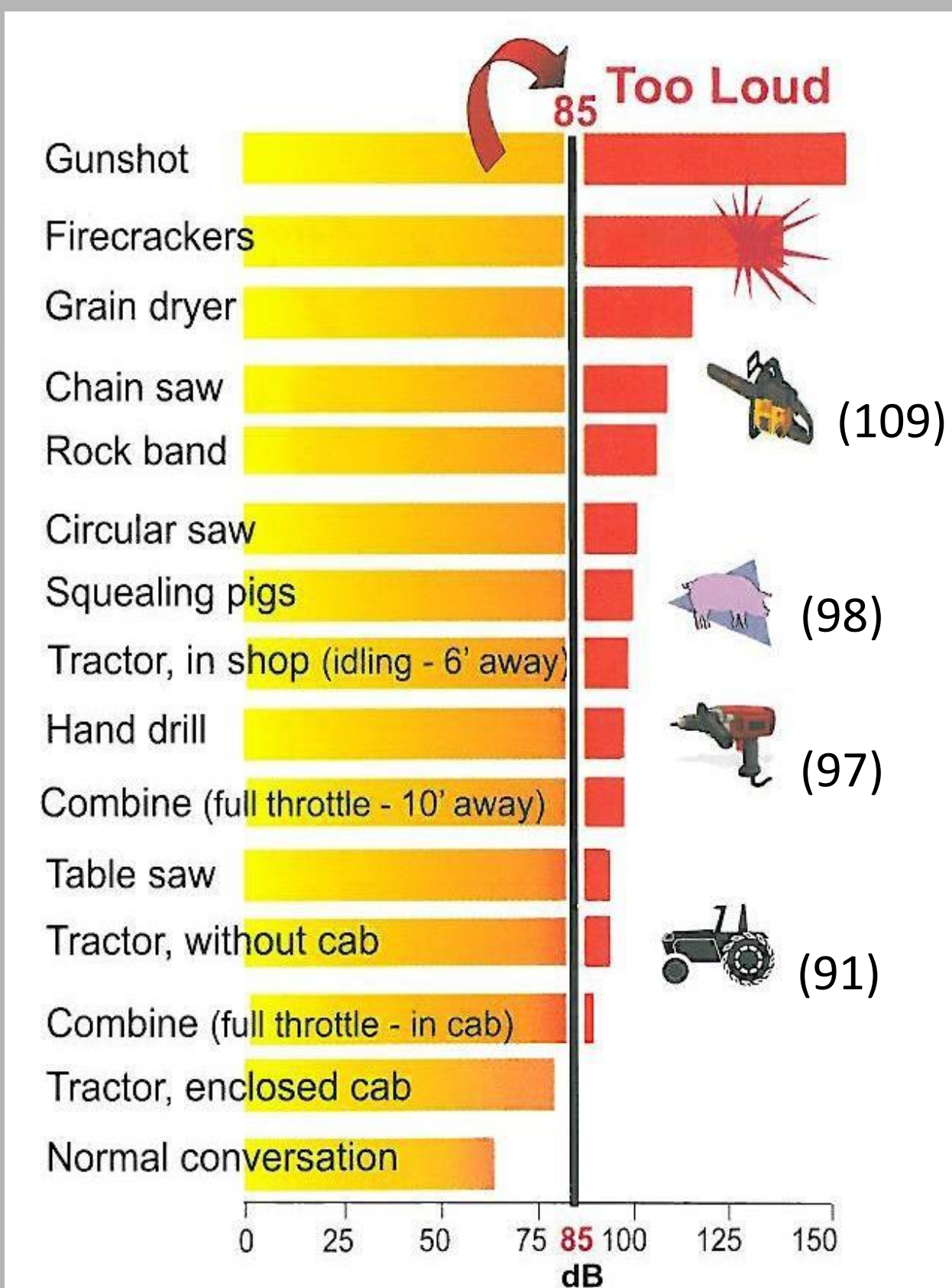
Pre-molded earplugs

Canal caps

Earmuffs & noise canceling muffs  
Also available with Bluetooth technology<sup>++</sup>

### Common Noise Levels on the Farm

Noise-induced hearing loss can result from working around common daily farm noises -even hand drills- without hearing protection.



*It only takes...*

- 112 dB | <1 min
- 109 dB | <2 min
- 106 dB | <4 min
- 103 dB | 7.5 min
- 100 dB | 15 min
- 97 dB | 30 min
- 94 dB | 1 hour
- 91 dB | 2 hours
- 88 dB | 4 hours
- 85 dB | 8 hours

Exposure to noise above 85 dB can cause hearing loss and Tinnitus (noise or ringing in the ears).